



Meridian Health Group

Specialists dedicated to relief of pain and emotional suffering

12772 Hamilton Crossing Blvd.
Carmel, Indiana 46032

317.814.1000 Phone
866.814.6200 Toll-Free
317.814.1015 Fax

Integrating the Following Specialties on Site:

Interventional Pain Medicine

Psychiatry

Medication Management

Pain Psychology

Sleep Medicine

Podiatry

Physical Therapy

Occupational Therapy

Support Groups

Occupational Medicine

Preventive Medicine

Pain-Related Adult Medicine



Dmitry M. Arbuck, M.D.

Dr. Dmitry M. Arbuck was born in Tbilisi, Georgia Republic in the former Soviet Union. He received his Medical Degree from Yaroslavl State Medical School in Yaroslavl, Russia, where he also completed a Pediatrics Internship and residency in Psychiatry. He was initially trained as a pediatrician and worked as Chief Pediatrician for a district of about 25,000 taking care of children, including newborns.

Dr. Arbuck decided that Psychiatry was his passion and after three years he went back to school to complete a Psychiatry Residency. After graduation he started his city's first private multi-specialty practice which quickly grew to about 50 staff members.

After moving to the United States in 1990, he completed a residency in Psychiatry at Indiana University Medical School. Upon completion of his continued studies, Dr. Arbuck started a pain management facility, which slowly grew and became Meridian Health Group. He is certified by the American Board of Psychiatry and Neurology and the American Academy of Pain Management.

Professional involvement for Dr. Arbuck includes membership in the American Psychiatric Association, the American Academy of Pain Management. He is a founding member, board director and former president for the Russian American Medical Association. He is currently the Chairman of the Indiana Chapter of the Russian-American Medical Association.