



# Meridian Health Group

Specialists dedicated to relief of pain and emotional suffering

12772 Hamilton Crossing Blvd.  
Carmel, Indiana 46032

317.814.1000 Phone  
866.814.6200 Toll-Free  
317.814.1015 Fax

## Integrating the Following Specialties on Site:

Interventional Pain Medicine

Psychiatry

Medication Management

Pain Psychology

Sleep Medicine

Podiatry

Physical Therapy

Occupational Therapy

Support Groups

Occupational Medicine

Preventive Medicine

Pain-Related Adult Medicine



## Katina McKain, NP-C

Katina was born and raised in Peru, Indiana. With the exception of a couple of years, has remained a Peru native. Peru is the Circus Capital of The World and as a child Katina was a performer.

Katina's desire to be in the medical field was influenced by the fact her great-grandfather was a doctor. In her senior year of high school, Katina took Health Occupations Education and earned her certificate as a nurse's assistant in 1992. Katina continued to work in private care and nursing homes until 1998 when she decided she needed to take the next step and obtain her Licensed Practical Nurse degree. In 2000, Katina completed the LPN program at Ivy Tech in Kokomo. Katina's academic achievement allowed her to continue her education at IUK with a full scholarship to receive her Registered Nurse degree.

Upon graduating, Katina began working in the emergency department in Peru and remained there for 7 years. During her years of ER experience she also worked in Home Health Care and an Urgent Care Clinic. She completed her Family Nurse Practitioner program at IUPUI, after spending several years in the ER, to fulfill her need for further education.

After graduating from IUPUI Katina was ready for a new adventure in the health care field and left the emergency room to begin practicing pain management and psychology at Meridian Health Group.

Katina enjoys camping, boating, gardening, swimming with her son Devin and spending time with friends and family. Katina is a member of the American Academy of Nurse Practitioner's and Phi Theta Kappa. She also is a volunteer for the Miami County Health Department for the Medical Reserve Corps.